



Truro Programs in Your National Park September

Dune Views Over East Harbor Walk - *1 ½ hours. 1 ½ miles in loose sand.*

Climb atop a parabolic dune to gain 360° views of ocean, cranberry bogs, harbor, and Provincetown. Meet at the bike trail parking lot at the end of high Head Road, off Route 6, North Truro (stay left and continue on the dirt road). *Wednesdays, September 11 and 25 at 3 pm.*

Nature Tales and Hidden Trails of Ballston Beach Walk - *Up to 2 ½ hours. Up to 2 ½ miles.*

Explore a variety of environments on this hike that traverses pine forest, heathland, sea cliffs, and beach. Meet at 111 North Pamet Road. Take Truro Center/ Pamet Roads exit off Route 6 in Truro. Proceed 1 ½ miles on North Pamet Road to the end. Meet at the trailhead parking area. *Sundays 9:30 am.*

Sea Cliffs Hike - *Up to 2 ½ hours. Up to 3 miles.*

Climb to the top of one of the highest points along the national seashore, and experience spectacular panoramic views. Meet on Collins Road, Truro. Take Truro Center, Pamet Roads exit off Route 6, and follow South Pamet Road to Collins Road, turn right and go 0.6 mile, ranger will be waiting. *Fridays, September 6 and 20 at 9:30 am.*

Sharks and Seals: Cape Cod's Dynamic Duo Walk - Truro - *1 hour. Up to 1 mile on sand.*

Examine the relationship between sharks and seals and the roles they play in the balance of a healthy marine environment. Bring a pair of binoculars for seal viewing. Meet at the national seashore- managed Head of the Meadow Beach in Truro. *Tuesdays at 10 am.*

For more information on these and other National Seashore programs, visit www.nps.gov/caco/planyourvisit/calendar.htm