

# The Recreational Reader

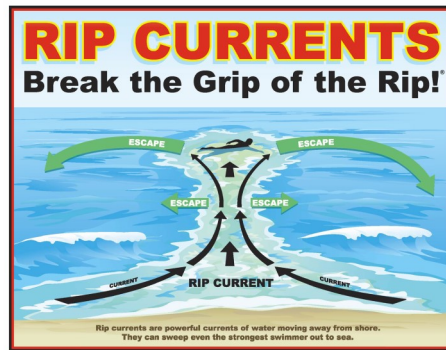
Truro Recreation & Beach Department

March 2019

“One Must Maintain a little bittle of Summer, even in the middle of winter” - Henry David Thoreau

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## Beach Safety



Memorial Day is less than 90 days away! Here is some information to help you start planning for your beach adventures here in Truro. Know your risks and put safety first, these are the most important things to remember. More information can be found on the following links:

[oceanservice.noaa.gov/facts/ripcurrent.html](https://oceanservice.noaa.gov/facts/ripcurrent.html)  
[www.usla.org](http://www.usla.org)

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## Summer Recreation Youth Program

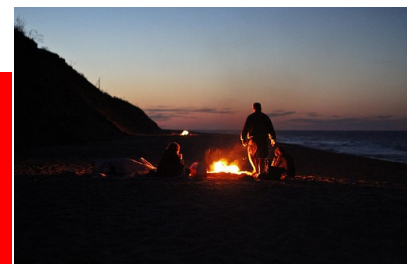
We are gearing up! We are hiring and planning our fieldtrips for our summer program. Truro Rec is for children ages 5-14, who are residents, outer-cape residents and non-residents. Our counselors provide a supervised environment that fosters friendships, physical activity, and trying new things. We have theme days, fieldtrips and guest instructors. The kids spend as much time outdoors as possible. We create works of art and tasty treats to try. Participation and collaboration are always encouraged. More information will be available on our website shortly.



## Town Of Truro Beach Reminders

- Beach parking permits are required beginning **June 15, 2019**.
- The Truro Beach Office, located at 36 Shore Rd, opens on **June 8, 2019**.
- Fire permits are available at the Truro Fire Department until June 7th and will be available online through the Beach Office on June 8<sup>th</sup>, 2019.
- The Cape Cod National Seashore requires that dogs be on a 6' leash on Seashore property. Please be aware of Town and Seashore property boundaries, so that you can abide by the appropriate leash rules.
- Complete list of 2019 beach parking rates available at [www.truro-ma.gov/truro-beach-office](http://www.truro-ma.gov/truro-beach-office)

**FOR ALL BEACH FIRE PERMITS AFTER SEPTEMBER 5TH, PLEASE VISIT THE FIRE DEPARTMENT AFTER 4PM. PERMITS ARE AVAILABLE ON FIRST COME FIRST SERVE BASIS FOR THE DAY OF.**



# Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child and the whole family!

It's completely free to participate. All you have to do is go to [www.nays.org/sportsparentpledge](http://www.nays.org/sportsparentpledge) to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program and beyond!

We encourage you to check out [www.nays.org/sportsparentpledge](http://www.nays.org/sportsparentpledge) today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!



Take the pledge to  
**KEEP YOUTH  
SPORTS  
POSITIVE!**

## Adult Coed Indoor Soccer

(age 40+)

Tuesdays 6:00pm-8:00pm

Drop-In  
Free

Truro Central School  
317 Route 6, N. Truro

For more info.  
Contact Todd Schwebel, Coordinator

[rtschwebel@gmail.com](mailto:rtschwebel@gmail.com)

## Community Pickleball

Saturdays 10:30am - 1:30pm

Drop-In  
Free

Truro Community Center  
7 Standish Way, N. Truro

For more info.  
Contact Judy Linen, Coordinator

[jlinen45@gmail.com](mailto:jlinen45@gmail.com)

## Community Volleyball

Wednesdays 6:30pm-9:30pm  
Sundays 5:00pm - 8:00pm

Drop-In  
Free

Truro Community Center  
7 Standish Way, N. Truro

For more info.  
Contact Brian Dunne, Coordinator

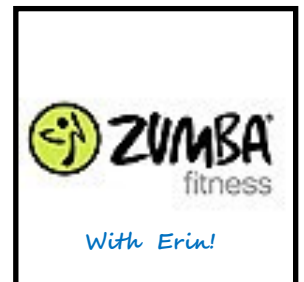
[bdunne2000@hotmail.com](mailto:bdunne2000@hotmail.com)



### Truro Community Center

Tuesday	8:30am - 9:30am	Naya
Thursday	8:30am - 9:30am	Naya
Saturday	9:00am - 10:00am	Erin

Email Naya and Erin with any questions:  
[naya.bricher@gmail.com](mailto:naya.bricher@gmail.com) and [esilva1@comcast.net](mailto:esilva1@comcast.net)



# Pamet After-School

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions, and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates every day that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

For more info. Call (508) 487-1632

Program Supervisor: Nola Glatzel

Assistant Program Supervisor: Alex Cowing



## PRE-REGISTRATION REQUIRED

Registration packets  
required prior to  
attending

**Mon - Fri**  
**3pm - 5:30pm**  
\*\$6/day  
(pre-registration required)

**12pm - 5:30pm**  
(half days)  
\*\*\$10/day  
(pre-registration required)

**Truro Community Center**

\*\$8/day if registered the day of.  
\*\*\$12/day if registered the day of.

**Capoeira is back at Pamet After-School on Mondays in March.**  
**Children must be registered for PAS to attend.**

### Safety Mitigation and Wildlife Protection

- Be aware sharks hunt for seals in shallow water.
- Stay close to shore where rescuers can reach you.
- Swim, paddle, kayak, and surf in groups - Don't isolate yourself.
- Avoid areas where seals are present.
- Avoid areas where schools of fish are visible.
- Avoid murky or low-visibility water.
- Limit splashing.
- Adhere to all signage and flag warnings at beaches.
- Follow instructions of the lifeguards.

More info: [www.nps.gov/caco/playourvisit/sharksafety.htm](http://www.nps.gov/caco/playourvisit/sharksafety.htm)

### Youth Basketball

Our 1st-2nd Grade Team, their, coaches and parents all had a great time at our scrimmage challenge with Wellfleet's Recreation Department. The kids had dribble relay-races, shoot-offs and a short scrimmage. Coach Andersen and Asst. Coach Ceraldi did an amazing job with these young superstars.

Coach Jackson has been taking our 3rd and 4th grade team through the season. They've been training hard. As a team, they've made so much progress.

Great teamwork Pumas!

Thank you all for your support this season.



### We are Hiring: Join Our Team

The Town of Truro's Recreation and Beach Department is hiring for Summer 2019.

Check out our job listings on the website

<https://www.truro-ma.gov/home/pages/jobs>

Deadline for applications is Tuesday, April 16th at 4pm.

Call us at 508-487-1632 with any questions.



RECREATION & BEACH DEPARTMENT

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Truro Community Center  
7 Standish Way  
North Truro, MA 02652  
Po Box 2030  
Truro, MA 02666

Phone: (508)487-1632  
Fax: (508)487-0854

Visit us on the web!  
[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

*"Committed to Community"*



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

# Upcoming EVENTS

April Vacation Youth Program  
Online registration will be available shortly

Sunday PM Volleyball  
@ Truro Community Center

Capoeira on Mondays at Pamet After-School  
with Mr. Lima

The Truro Recreation & Beach Department  
wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: (508) 487-1632

[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

Connect with us:



## Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact, Damion Clements at [dclements@truro-ma.gov](mailto:dclements@truro-ma.gov) or call (508) 487-1632

