National Park Service events for Truro

Sharks and Seals: Cape Cod's Dynamic Duo Walk - Truro - 1 hour, up to 1 mile on sand. Tuesdays at 9:30 am. Free.

Examine the relationship between sharks and seals and the roles they play in the balance of a healthy marine environment. Bring a pair of binoculars for viewing seals or borrow the ranger's. This event meets at the National Seashore-managed Head of the Meadow Beach in Truro. Reserved parking. Call Province Lands Visitor Center no earlier than one week in advance to reserve a parking space.

Seal Walk - 1-2 hours, 1-2 miles in loose sand. Wednesdays, July 3, at 5 pm; July 10 at noon; July 17 at 5 pm; July 24 at 10:30 am; July 31 at 4:30 pm; August 7 at 10:30 am; August 14 at 4:30 pm; August 21 at 9 am; August 28 at 3 pm. Free.

Join the Director of Marine Education, Center for Coastal Studies, for a beach walk to look for seals hauled out on sandbars to rest. Learn about the biology and natural history of these native marine mammals. Reservations required and accepted no earlier than one week in advance. Call Province Lands Visitor Center to register.

Sunset Over East Harbor Hike - 1½-2 hours, 1½ miles in loose sand. Mondays at 6:30 pm in July and 5:30 pm in August. Free.

Climb atop a parabolic dune to gain 360° views of ocean, cranberry bogs, harbor, and Provincetown. Discover the quality of light that has long attracted artists and writers to the dune landscape. Meet in the bike trail parking lot at the end of High Head Road off Route 6, in Truro (stay left and continue on the dirt road.)