



Truro Events in Your National Park

Sunset in the Pamet Valley Hike- *1 ½ -2 hours, 2 miles on uneven terrain with elevation gain and some log steps. Free.*

A hike around this serene area is the perfect end to a busy day. Enjoy dramatic views of the Pamet landscape, glacial terrain, and the Atlantic, and discover how people have used this area over time. 111 North Pamet Road. Take Truro Center/ Pamet Roads exit off Route 6 in Truro. Proceed 1 ½ miles on North Pamet Road to the end. Meet at the trailhead parking area below the youth hostel. ***Saturdays in August at 5:30 pm.***

Kayak Adventure- *East Harbor, North Truro 2 ½ hours, 3 miles. Registration Required. Fees apply.*

Learn about the dynamic history of East Harbor while paddling above horseshoe crabs and moon snails. Plan for an optional short, but steep hike to explore the dramatic parabolic dunes of the Province Lands. From Route 6, turn onto High Head Road in North Truro, approximately .8 miles north of the entrance to Pilgrim Heights and 1.5 miles south of the Provincetown/Truro town line. Look for the rangers to direct you to parking. Arrive by 1:45 pm. ***Sundays at 2 pm.***

All equipment is provided - single kayaks only, no doubles. Previous kayaking experience is required. Minimum age is 12. Reservations for this program are required. Reservations open at 10 am one week in advance of the program. Reserve at go.usa.gov/xQdx7 (24 hours) or call 1-877-444-6777 (10 am to midnight).

Sunset Over East Harbor Hike- *1 ½ -2 Hours, 1 ½ miles in loose sand. Free.*

Climb atop a parabolic dune to gain 360° views of ocean, cranberry bogs, harbor, and Provincetown. Discover the quality of light that has long attracted artists and writers to the dune landscape. Meet in the bike trail parking lot at the end of High Head Road, off Route 6, in Truro (stay left and continue on dirt road). ***Mondays in August at 5:30 pm.***

Sharks and Seals: Cape Cod's Dynamic Duo Walk - 1 hour, up to 1 mile on sand. Free.

Examine the relationship between sharks and seals and the roles they play in the balance of a healthy marine environment. Bring a pair of binoculars for viewing seals or borrow the ranger's. This event meets at the National Seashore-managed Head of the Meadow Beach in Truro. Reserved parking. Call Province Lands Visitor Center no earlier than one week in advance to reserve a parking space; 508-487-1256. **Tuesdays at 9:30 am**

Seal Walk - 1-2 hours, 1-2 miles in loose sand. Free.

Join the Director of Marine Education, Center for Coastal Studies, for a beach walk to look for seals hauled out on sandbars to rest. Learn about the biology and natural history of these native marine mammals. Reservations required and accepted no earlier than one week in advance. Call Province Lands Visitor Center to register; 508-487-1256. **Wednesdays, August 7 at 10:30 am; August 14 at 4:30 pm; August 21 at 9 am; August 28 at 3 pm**