

# The Recreational Reader

Truro Recreation & Beach Department

## September 2018

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### Summer Recreation Youth Program

We want to thank everyone who participated, We had a wonderful time learning new games, meeting new friends and making new memories. We certainly have the greatest staff members, children and involved parents. What a success! We're already planning ahead for Summer 2019. If you have any pictures or great stories to tell us here at the Truro Recreation and Beach Department, get in touch, we would love to hear about it! Thank you again. Have a wonderful school year. Summer is one day closer!



### SOCCER SEASON IS STARTING

Kids are back in school, Fall is almost here, and Soccer Season is starting. We are still looking for Volunteers to coach our teams. Stay tuned to our website and Facebook for practice and game times. We are surely looking forward to kicking this season off real soon

### LOOKING FOR COACHES FOR 3/4 GIRLS AND 3/4 BOYS

Please contact Erica Nunes, Asst. Director with any inquiries.  
[enunes@truro-ma.gov](mailto:enunes@truro-ma.gov)

### Pamet After-School

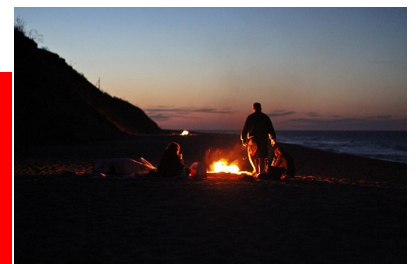
We are pleased to announce the continuation of our Pamet After-School Program. We want to welcome Nola and Alex aboard our Recreation Team. We are off to a great start and looking forward to our 2018-2019 school year. ONLINE REGISTRATION IS OPEN. Registration Packets are available online at [www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

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### BEACH OFFICE

Our Truro Beach Office is closing for the season. We had a busy Summer here on our beautiful beaches. Thank you to our staff for keeping swimmers safe, keeping organization in our lots and for holding down the daily operations.

**FOR ALL BEACH FIRE PERMITS AFTER SEPTEMBER 5TH, PLEASE VISIT THE FIRE DEPARTMENT AFTER 4PM. PERMITS ARE AVAILABLE ON FIRST COME FIRST SERVE BASIS FOR THE DAY OF.**



# Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to [www.nays.org/sportsparentpledge](http://www.nays.org/sportsparentpledge) to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out [www.nays.org/sportsparentpledge](http://www.nays.org/sportsparentpledge) today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!



Take the pledge to  
**KEEP YOUTH  
SPORTS  
POSITIVE!**



## Adult Coed Indoor Soccer

(age 40+)

TBA

Drop-In  
Free

For more info.  
Contact Todd Schwebel, Coordinator

[rtschwebel@gmail.com](mailto:rtschwebel@gmail.com)

## Community Volleyball

Starting in October  
Drop-In  
Free

Truro Community Center  
7 Standish Way, N. Truro

For more info.  
Contact Brian Dunne, Coordinator

[bdunne2000@hotmail.com](mailto:bdunne2000@hotmail.com)

*"Ditch the  
Workout, Join  
the Party."*



Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

Classes are conducted by Julie Rich, a certified instructor.

Contact Julie for fees and schedules.

Julie Rich - [www.purajulie.com](http://www.purajulie.com)

Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Thu.	9-10am/5-6pm	Truro Comm. Ctr.	Julie Rich
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich



(Continued from page 1)

## Pamet After-School

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

For more info. Call (508) 487-1632 ext. 326

Program Supervisor: Nola Glatzel

Assistant Program Supervisor: Alex Cowing

### PRE-REGISTRATION REQUIRED

Registration packets  
required prior to  
attending



**Mon - Fri**  
**3pm - 5:30pm**  
**\*\$6/day**  
(pre-registration required)

**12pm - 5:30pm**  
**(half days)**  
**\*\*\$10/day**  
(pre-registration required)

**Truro Community Center**

\*\$8/day if registered the day of.  
\*\*\$12/day if registered the day of.

### Truro Walking Club

#### With Coordinator Bob Lowe

**Tuesdays, 9:00 am**

Join Bob Lowe, Club Coordinator, for a peaceful walk  
in some of the most beautiful areas on Cape Cod.

September 7th

**Hike: Great Island Trail**

**Park:** Corner of Griffin Island and Chequesett Neck Road.

September 14th

**Hike: Truro Old Air Force Base**

**Park:** Old Dewline Road. Lot is located in Front of old baseball field.

September 21st

**Hike: Pamet Cranberry Bog Trail**

**Park:** North Pamet Road

September 28th

**Hike: High Head**

**Park:** High Head Road, lot at bike trail and start of ORV Trail

Email Bob Lowe with any questions: [bflowe.1961@yahoo.com](mailto:bflowe.1961@yahoo.com)

*Schedule subject to change. Check online for updates.*  
[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)



RECREATION & BEACH DEPARTMENT

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Visit us on the web!  
[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

*"Committed to Community"*



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

# Upcoming EVENTS

Soccer Season Starts  
In September

Beach Clean Up at Corn  
Hill Sat. 9/29 @ 10 AM

End of Summer Party  
@ Cornhill, Saturday,  
September 22nd, 4pm until Dark

The Truro Recreation & Beach Department  
wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: (508) 487-1632

[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

Connect with us:



## Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at [dclements@truro-ma.gov](mailto:dclements@truro-ma.gov) or call (508) 487-1632



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MEMBER FDIC/DIF

