

# Suicide Prevention Gatekeeper Training

## Q.P.R.

**Q: QUESTION / P: PERSUADE / R: REFER**

Question, Persuade, and Refer are 3 simple steps that **ANYONE** (*parents, friends, volunteers, ministers, nurses, supervisors, firefighters, bartenders, others*) can learn to help prevent suicide. QPR teaches how to recognize a mental health emergency and how to get a person-at-risk connected to the help they need. There is **NO FEE** but registration is required.

**Tuesday October 9th, 2018**

**6:00pm – 7:30pm**

Truro Central School

317 Route 6

Truro, Ma. 02666

