

# The Recreational Reader

Truro Recreation & Beach Department

## November 2018

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## Wrapping up Fall Sports



It is hard to believe that we are wrapping up our Fall Sports Season. It was a fun season had by all. The weather sometimes posed some challenges, but we made the best of it. Thank you Coaches, for your time, patience and effort, without it, we could not do what we do.

**We are seeking Volunteers to coach Basketball and Cheerleading this Winter. No experience necessary. We would love to have you on board. You will make a difference!**

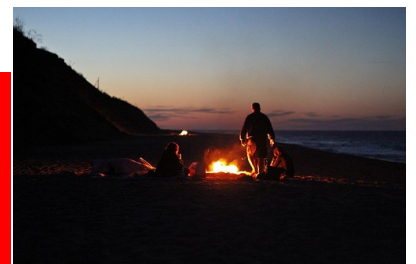
Call or email Erica Nunes, Assistant Director at 508-487-1632 | [enunes@truro-ma.gov](mailto:enunes@truro-ma.gov)

## Capoeira with Mr. Lima is at Pamet After-School



Capoeira will be held on Mondays in November. Children will need to be **registered** and **attending** Pamet After-School to participate. Sign up online or call Nola and Alex. **508-487-1632**

**FOR ALL BEACH FIRE PERMITS AFTER SEPTEMBER 5TH, PLEASE VISIT THE FIRE DEPARTMENT AFTER 4PM. PERMITS ARE AVAILABLE ON FIRST COME FIRST SERVE BASIS FOR THE DAY OF.**



# Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to [www.nays.org/sportsparentpledge](http://www.nays.org/sportsparentpledge) to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out [www.nays.org/sportsparentpledge](http://www.nays.org/sportsparentpledge) today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!



Take the pledge to  
**KEEP YOUTH  
SPORTS  
POSITIVE!**

## Adult Coed Indoor Soccer

(age 40+)

Tuesdays 6:00pm-8:00pm

Drop-In  
Free

Truro Central School  
317 Route 6, N. Truro

For more info.  
Contact Todd Schwebel, Coordinator

[rtschwebel@gmail.com](mailto:rtschwebel@gmail.com)

## Community Pickleball

Saturdays  
Nov. 3rd and Nov. 10th

10:30am - 1:30pm

Drop-In  
Free

Truro Community Center  
7 Standish Way, N. Truro

For more info.  
Contact Judy Linen, Coordinator

[jlinen45@gmail.com](mailto:jlinen45@gmail.com)

## Community Volleyball

Wednesdays 6:30pm-9:30pm

Drop-In  
Free

Truro Community Center  
7 Standish Way, N. Truro

For more info.  
Contact Brian Dunne, Coordinator

[bdunne2000@hotmail.com](mailto:bdunne2000@hotmail.com)

## We Are Interested in What You Think

We are interested in increasing community participation at our center. We are looking to see what services that you might want to see available here. Call or email Erica Nunes, Assistant Director, with any suggestions 508-487-1632 | [enunes@truro-ma.gov](mailto:enunes@truro-ma.gov)

What activities would you like to see at the Truro Community Center?

Do you have any skills, hobbies or passions that you would like to share with the community?

Can you remember any activities or events we've held at TCC before, that you would like to see here again?

# Pamet After-School

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

For more info. Call (508) 487-1632

Program Supervisor: Nola Glatzel

Assistant Program Supervisor: Alex Cowing



## PRE-REGISTRATION REQUIRED

Registration packets  
required prior to  
attending

**Mon - Fri**  
**3pm - 5:30pm**  
**\*\$6/day**  
(pre-registration required)

**12pm - 5:30pm**  
**(half days)**  
**\*\*\$10/day**  
(pre-registration required)

**Truro Community  
Center**

\*\$8/day if registered the day of.  
\*\*\$12/day if registered the day of.

## Truro Walking Club With Coordinator Bob Lowe

**Tuesdays, 9:00 am**

Join Bob Lowe, Club Coordinator, for a peaceful  
walk in some of the most  
beautiful areas on Cape Cod.

Email Bob Lowe with any questions:  
[bflowe.1961@yahoo.com](mailto:bflowe.1961@yahoo.com)

November 6th

Hike: Pine Grove Cemetery

Park: Small parking lot at cemetery, off of Old County Rd.

November 13th

Hike: North Pamet Road

Park: Corner of Griffin Island and Chequessett Neck Road

November 20th

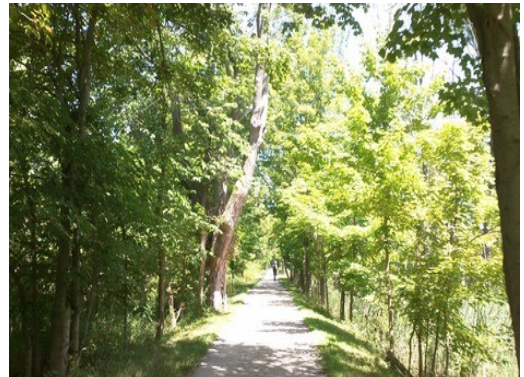
Hike: Pilgrim Heights

Park: Pilgrim Spring parking area, off Route 6, North Truro

November 27th

Hike: Truro Old Air Force Base

Park: Old Dewline Road. Lot is located in Front of old  
baseball field.



*Schedule subject to change. Check online for updates.*  
[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)



RECREATION & BEACH DEPARTMENT

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Visit us on the web!  
[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

*"Committed to Community"*



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

# Upcoming EVENTS

Capoeira is at  
Pamet After-School

Check out the Truro  
Walking Club Schedule

We are looking for Volunteers to coach  
Basketball and Cheerleading  
No experience necessary

**The Truro Recreation & Beach Department  
wants to hear from you!**

Got an idea or a suggestion? Get in touch with us!

Phone: (508) 487-1632

[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

Connect with us:



## Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at [dclements@truro-ma.gov](mailto:dclements@truro-ma.gov) or call (508) 487-1632



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