

The Recreational Reader

Truro Recreation & Beach Department

June 2018

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Summer Recreation Youth Program

Summer Program July 2nd - August 10th

@ Truro Central School

NO PROGRAM WEDNESDAY, JULY 4TH

Summer Program August 13th - August 17th

@ Truro Community Center

**Preseason
June 25 - 29
Reg. Deadline
June 1st**



**Postseason
August 20 - 28
Reg. Deadline
August 1st**

For more information or to register, visit our website:
www.truro-ma.gov/recreation-beach-department
Please contact us if you have any questions about registration
Phone: (508) 487 - 1632 Email: dclements@truro-ma.gov

Beach Office Opens

Saturday, June 9th through Labor Day.
Open 7 days a week, 8:00am to 4:00 pm

If you've purchased a Beach Sticker online, you can pick it up at the Beach Office.

Stickers are required as of June 16th

Longnook Beach is Open!

Pamet

After School

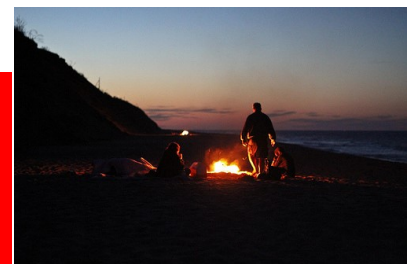
Capoeira on Mondays through the end of the school year

4:00pm - 5:00pm

Open to all, ages 3+



ALL BEACH FIRE PERMITS FOR JUNE 16th THROUGH LABOR DAY WILL BE ISSUED ONLINE AT www.truro-ma.gov/truro-beach-office



Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to www.nays.org/sportsparentpledge to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out www.nays.org/sportsparentpledge today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!



Take the pledge to
**KEEP YOUTH
SPORTS
POSITIVE!**

Adult Coed Indoor Soccer (age 40+)

Thursdays 5:30 pm - 7:30 pm

Drop-In
Free

Snow's Field
Snow's Field Rd., Truro

For more info.
Contact Todd Schwebel, Coordinator

rtschwebel@gmail.com

Community Pickleball

Nothing Scheduled for June
TBA

Drop-In
Free

Truro Community Center
7 Standish Way, N. Truro

For more info.
Contact Judy Linen, Coordinator

jlinen45@gmail.com

Community Volleyball

Wednesdays, 6:00 pm - 9:00 pm

Drop-In
Free

Truro Community Center
7 Standish Way, N. Truro

For more info.
Contact Brian Dunne, Coordinator

bdunne2000@hotmail.com



Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

Classes are conducted by Julie Rich, a certified instructor.

Contact Julie for fees and schedules.

Julie Rich - www.purajulie.com

Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Thu.	9-10am	Truro Comm. Ctr.	Julie Rich
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich



*"Ditch the
Workout, Join
the Party."*

(Continued from page 1)

Pamet After-School

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

Pre-registration Required!

For more info. Call (508) 487-1632

Jenn Flanagan, Administrator

jflanagan@truro-ma.gov.



Mon - Fri
3pm - 5:30pm
***\$6/day**
(pre-registration required)

12pm - 5:30pm
(half days)
****\$10/day**
(pre-registration required)

Truro Community Center

*\$8/day if registered the day of.
**\$12/day if registered the day of.

Truro Walking Club

Meets Tuesdays at 9:00am

Join Bob Lowe, Club Coordinator,
for a peaceful walk in some of the most
beautiful areas on Cape Cod.

June 5th

Hike: Pine Grove Cemetery

Park: Cemetery Road in Truro

June 12th

Hike: Ballston Beach Walk

Park: South Pamet Road, Beach Lot

June 19th

Hike: Great Island Trail

Park: 1440 Chequessett Neck Road, Wellfleet

June 26th

Hike: Pamet Cranberry Bog Trail

Park: North Pamet Road

Schedule subject to change. Check online for updates.

www.truro-ma.gov/recreation-beach-department

Puma Park is Back Open!





RECREATION & BEACH DEPARTMENT

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Visit us on the web!
www.truro-ma.gov/recreation-beach-department

"Committed to Community"



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

Upcoming EVENTS

Summer Recreation
Youth Program
Preseason starts
June 25th

Beach Office Opens
June 9th
Stickers Required June
16th

The Truro Recreation & Beach Department
wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: (508) 487-1632

www.truro-ma.gov/recreation-beach-department

Connect with us:   

Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at dclements@truro-ma.gov or call (508) 487-1632

