The Recreational Reader

Fruro Recreation & Beach Department

January 2018

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Youth Basketball Youth Cheerleading

Youth basketball games and cheerleading performances begin in January

For more information visit www.truro-ma.gov/recreation-beach-department



ALL BEACH FIRE PERMITS FOR 9/4/17 - JUNE '18 WILL BE ISSUED BY THE TRURO FIRE DEPARTMENT, PLEASE CALL (508)487-7548

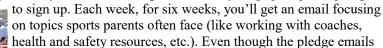


Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to www.nays.org/sportsparentpledge



will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out <u>www.nays.org/sportsparentpledge</u> today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!



Adult Coed Indoor Soccer

(age 40+)

Tuesdays, 7:00 pm - 9:00 pm

Drop-In Free

Truro Central School 317 Route 6, Truro

For more info. Contact Todd Schwebel, Coordinator

rtschwebel@gmail.com

Community Pickleball

Saturdays, 11:00 am - 1:00 pm Mondays, 6:00 pm - 8:00 pm

> Drop-In Free

Truro Community Center 7 Standish Way, N. Truro

For more info. Contact Judy Linen, Coordinator

jlinen45@gmail.com

Community Volleyball

Sundays, 4:00 pm - 7:00 pm Wednesdays, 6:00 pm - 9:00 pm

> Drop-In Free

Truro Community Center 7 Standish Way, N. Truro

For more info. Contact Brian Dunne, Coordinator

bdunne2000@hotmail.com



Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-partyTM that's moving millions of people toward joy and health.

Classes are conducted by Julie Rich, a certified instructor.

Contact Julie for fees and schedules.

Julie Rich - www.purajulie.com

| Tues. | 9-10am | Truro Comm. Ctr. | Julie Rich |
|-------|--------|------------------|------------|
| Thu. | 9-10am | Truro Comm. Ctr. | Julie Rich |
| Sat. | 9-10am | Truro Comm. Ctr. | Julie Rich |





Pamet After-School

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

Pre-registration Required! For more info. Call (508) 487-1632 Jenn Flanagan, Administrator jflanagan@truro-ma.gov.



Mon - Fri 3pm - 5:30pm *\$6/day (pre-registration required)

12pm - 5:30pm (half days) **\$10/day (pre-registration required)

Truro Community Center

*\$8/day if registered the day of. **\$12/day if registered the day of.

Truro Walking Club Tuesdays, 9:00 am

JANUARY - 2018

Jan. 9 9:00 am **North Pamet Rd Walk Address:** North Pamet Rd **Park:** Trail head parking lot at the end of North Pamet Rd, by Hostel. Join Bob Lowe, Club Coordinator, for a peaceful walk in some of the most beautiful areas on Cape Cod.

Schedule subject to change. Check online for updates. www.truro-ma.gov/recreation-beach-department

The Walking Club will resume in May, 2018





RECREATION & BEACH DEPARTMENT

Damion Clements, CPRP Director <u>dclements@truro-ma.gov</u>

Truro Community Center 7 Standish Way North Truro, MA 02652 Po Box 2030 Truro, MA 02666

Phone: (508)487-1632 Fax: (508)487-0854

> <u>Visit us on the web!</u> www.truro-ma.gov/recreationbeach-department

"Committed to Community"



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.



Youth Softball

February Vacation Program April Vacation Program

Pamet After-School Program

The Truro Recreation & Beach Department wants to hear from you!

Got an idea or a suggestion? Get in touch with us! Phone: (508)487-1632 www.truro-ma.gov/recreation-beach-department

Connect with us:

Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at dclements@truro-ma.gov or call (508) 487-1632



















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