

The Recreational Reader

Truro Recreation & Beach Department

MARCH 2017

Adult Volleyball

Sundays: 4:00 pm - 7:00 pm

Wednesdays: 6:00 pm - 8:00 pm

Stop by the Truro Community Center for some drop-in, community volleyball. Bring a team or come alone!

Club Coordinator: [Erik Yingling](#)



For more information email: dclements@truro-ma.gov
Truro Community Center | 7 Standish Way | N. Truro

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Summer Rec Youth Program - 2017

We are excited to announce that the online registration will open on **April 1st, 2017**, for our Summer Rec Youth Program. Our program offers games, activities, challenges, theme days, and field trips.

Our goal at Truro Recreation is to provide quality programming that benefits the Truro community. At the Summer Program, we strive to provide a safe and supervised environment that encourages friendships, physical activity, learning, and fun. Our different activities aim to nourish interactions between old faces and new faces, younger children and older children, and all kids and staff members. These interactions promote friendships and discourage all forms of bullying—something that we take very seriously at Truro Rec.



We operate two programs—the Children’s Program (ages 5-11) and a Teen Program. To be in the Teen Program, participants must be between 12 and 14 years old. Eleven-year olds may be eligible for the Teen Program if permission is granted by the staff. The Teen Program has separate trips and activities from the Children’s Program, however, some activities include both the Teen and Children’s Programs.

Our web site will be updated with 2017 information shortly. Please check out our web site for more information:

www.truro-ma.gov/recreation-beach-department

PAMET AFTER-SCHOOL

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro and/or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

Register online at www.activityreg.com

For more info. Call (508) 487-1632

Email: jflanagan@truro-ma.gov.



Mon - Fri
3pm - 5:30pm
***\$6/day**
 (pre-registration required)

12pm - 5:30pm
(half days)
****\$10/day**
 (pre-registration required)

Truro Community Center

*\$8/day if registered the day of.
 **\$12/day if registered the day of.

“Ditch the Workout, Join the Party.”



Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Thu.	9-10am	Truro Comm. Ctr.	Julie Rich
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich

Are you ready to party yourself into shape? That’s exactly what the Zumba® program is all about. It’s an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that’s moving millions of people toward joy and health.

Classes are conducted by Julie Rich a certified Zumba Fitness Instructor.

For fees and schedules visit Ms. Rich’s web site.

Julie Rich - www.purajulie.com



Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to www.nays.org/sportsparentpledge to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out www.nays.org/sportsparentpledge today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!



Pickleball At The Truro Community Center!

Mondays: 6 pm - 8 pm

Saturdays: 11am - 1 pm

Join us for the fastest growing sport in America. Drop-in or bring a team. No skills or equipment required.



Club Coordinator: Judy Linen

For more information email: dclements@truro-ma.gov

Truro Community Center | 7 Standish Way | N. Truro



Truro Rec. Cheerleaders Coached By Natasha Luster



Truro Rec. Boys 3|4 Basketball Team. Head Coach Rachel Harrington, Asst. Coach Noah Santos.



Truro Rec. Girls 5|6 Basketball Team. Head Coach Kathy Morris, Asst. Coach Lacey Vail.



RECREATION & BEACH DEPARTMENT

Damion Clements, CPRP
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Visit us on the web!
www.truro-ma.gov/recreation-beach-department

"Committed to Community"



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

Upcoming EVENTS

Annual Town Meeting Childcare
April 25, 2017

April Vacation Program

Youth Softball / Tee Ball
Spring 2017

The Truro Recreation & Beach Department wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: 508.487.1632

www.truro-ma.gov/recreation-beach-department

Connect with us:



Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at dclements@truro-ma.gov or call (508) 487-1632



Past Sponsors



SEAMEN'S BANK
MEMBER FDIC/DIF

