

The Recreational Reader

Truro Recreation & Beach Department

June 2017

Special points of interest:

- Summer Rec
- Beaches

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Summer Youth Program 2017

Join us for a summer of field trips, theme days, games, sports, art, and fun! Our program strives to provide a safe and supervised environment that encourages friendships, physical activity, learning, and fun to residents and visitors of Truro. The program is open to youth ages 5-14 (with a special Teen Program for ages 12-14). Sign up by the day, the week or for the entire summer.

Morning Program

Truro Central School: 8 am- 12:00 pm

Afternoon Program

Truro Central School: 12:30 pm- 4 pm

Extended Care

Truro Central School: 4 pm- 5:30 pm

Register online at www.activityreg.com.



For more information, visit us on the web at www.truro-ma.gov/recreation-beach-department

Pre and Post Season children's programming also available. Visit us on the web for dates, registration and more information.

Town Of Truro Beach Reminders

- Beach parking permits are required beginning **June 17, 2017**.
- The Truro Beach Office, located at 36 Shore Rd, opens on **June 10, 2017**.
- Fire permits are available at the Truro Fire Department until June 9th and will be available online (www.activityreg.com) through the Beach Office on June 10th.
- The Cape Cod National Seashore requires that dogs be on a 6' leash on Seashore property. Please be aware of Town and Seashore property boundaries so that you can abide by the appropriate leash rules.
- Complete list of 2017 beach parking rates available at www.truro-ma.gov.



Resident Sticker	\$15.00
Non-resident Sticker (1 week)	\$50.00
Non-resident Sticker (Season)	\$225.00
Replacement Sticker	\$1.00



Karin Stephan

Iyengar Yoga Karin Stephan

Truro Recreation is pleased to announce that Karin Stephan will be returning in the Summer to offer yoga classes at Truro Community Center. Karin's classes will begin Monday evening, July 31, 2017.

	Mornings	Evenings
Mon.	8-9:30 am	Mon. 5-6:30 pm
Wed.	8-9:30 am	Tues. 5-6:30 pm
Fri.	8-9:30 am	Wed. 5-6:30 pm
Sat.	10:30 am - 12 pm	Thur. 5-6:30 pm
Sun.	8-9:30 am	Fri. 5-6:30 pm
		Sat. 5-6:30 pm

For pricing contact Karin Stephan at karinstephanyoga@aol.com

2017 Beach Parking Stickers

The Truro Recreation & Beach Department would like to remind you to review the Town's Rules and Regulations for Beach Sticker Eligibility which can be found at: www.truro-ma.gov/files or by scanning the QR Code below.

Please review these rules to ensure you have the appropriate documentation and materials to obtain your 2017 Town of Truro Beach Parking Sticker prior to the start of the season on Sat. June 17, 2017.

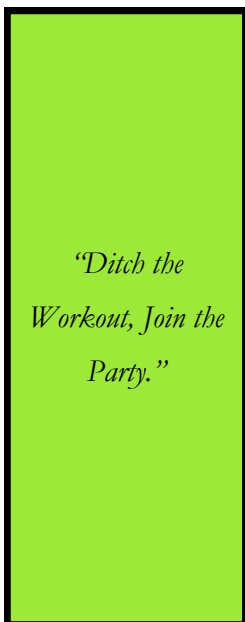
A SPECIAL NOTE FOR PROPERTIES HELD IN TRUST:

All properties held in trust will require a **Recorded Declaration of Trustee** on file with the Truro Assessor's Office. Stickers will only be issued to trustee on record or designee. We request all Recorded Declaration of Trustee forms and Designee forms to be submitted prior to **June 17, 2017**. Forms may be obtained on our web site or by scanning the below QR Code.

Questions about beach stickers, call (508) 487-6983
 Questions about property records, call (508)349-7004

The Truro Beach Office opens on Sat. June 10, 2017.
 Beach Stickers will be required to park at all beaches effective Sat. June 17, 2017.

We'll see you at the beach!
 Truro Beach Office | 36 Shore Rd, N. Truro | 508-487-6983
beachdepartment@truro-ma.gov | www.truro-ma.gov/recreation-beach-department



Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

Classes are conducted by Julie Rich, a certified instructor.

Contact instructors for fees and schedules.

Julie Rich - www.purajulie.com

Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Thu.	9-10am	Truro Comm. Ctr.	Julie Rich
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich



Youth Golf Program Dates To Be Announced

Truro Recreation is excited to offer a youth golf program to children ages 6-12. The cost for Truro residents is \$45 / participant and \$50 / participant for non-residents. The program will be offered by Jim Rondeau, a certified instructor for the P.G.A. and the U.S.G.T.F as well as a Level One Coach for The First Tee youth golf program. No prior experience or equipment required.

For more information or to register click [HERE](#) or visit our web site.

CHECK BACK FOR MORE INFO



Joe Farroba Youth Basketball Camp

June 26 - 29, 2017 (Mon. - Thurs.)

9:00 am - 11:45 am

Veteran's Memorial Community Center, Provincetown



Join Coach Farroba for a four day clinic consisting of three hours of instruction each day on the following:

Individual and Team Offense	Individual and Team Defense	Fast-break Drills
Ball Handling	Rebounding	Free Throws

The Joe Farroba Youth Basketball Camp is open to children age 8 - 15. \$45 per participant for 4 days of instruction. MasterCard / Visa accepted. If you are paying by cash or check you will need to contact Truro Recreation to register.



For more information or to register click [HERE](#).

REGISTRATION DEADLINE: JUNE 21, 2017

Truro Walking Club Tuesdays, 9:00 am

JUNE - 2017

- | | | |
|----------------|---------|--|
| June 6 | 9:00 am | Cold Storage Beach Walk
Address: Pond Rd
Park: Beach parking lot |
| June 13 | 9:00 am | Poor's Hill Walk
Address: Fisher's Rd
Park: Designated parking spaces to the side of the road |
| June 20 | 9:00 am | Pilgrim Heights Walk
Address: Pilgrim Heights Rd, Truro
Park: First parking lot |
| June 27 | 9:00 am | Ryder Beach Walk
Address: Ryder Beach Rd
Park: Beach parking lot |

Join Bob Lowe, Club Coordinator, for a peaceful walk in some of the most beautiful areas on Cape Cod.

Schedule subject to change. Check online for updates.
www.truro-ma.gov/recreation-beach-department





RECREATION & BEACH DEPARTMENT

Damion Clements, CPRP
Interim Director
dclements@truro-ma.gov

Truro Community Center
7 Standish Way
North Truro, MA 02652
Po Box 2030
Truro, MA 02666

Phone: 508-487-1632
Fax: 508-487-0854

Visit us on the web!
www.truro-ma.gov/recreation-beach-department

"Committed to Community"



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

Upcoming EVENTS

Summer Rec Program

Youth Golf

Youth Tennis

Summer Yoga

Farroba Basketball Clinic

The Truro Recreation & Beach Department wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: 508.487.1632

www.truro-ma.gov/recreation-beach-department

Connect with us:



Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at dclements@truro-ma.gov or call (508) 487-1632.



SEAMEN'S BANK
MEMBER FDIC/DIF

