

The Recreational Reader

Truro Recreation & Beach Department

September 2016

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PAMET AFTER-SCHOOL

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

Pre-registration Required!

For more info. Call (508) 487-1632 ext. 22

Email: ksclark@truro-ma.gov.



Mon - Fri
3pm - 5:30pm
*\$6/day
(pre-registration required)

12pm - 5:30pm
(half days)
**\$10/day
(pre-registration required)

Truro Community
Center

*\$8/day if registered the day of.
**\$12/day if registered the day of.

End of Summer - Town Beach Party

Sat. Sept. 24th, 4 - 7 pm

Join us for a family friendly, alcohol free event, with music, dancing, food, and a beach bonfire. Click [HERE](#) for more information.

ALL BEACH FIRE PERMITS FOR 9/8/16 AND LATER
WILL BE ISSUED BY
THE TRURO FIRE DEPARTMENT,
PLEASE CALL (508)487-7548



Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!



It's completely free to participate. All you have to do is go to www.nays.org/sportsparentpledge to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.).

Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out www.nays.org/sportsparentpledge today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!

Pickleball At The Truro Community Center!

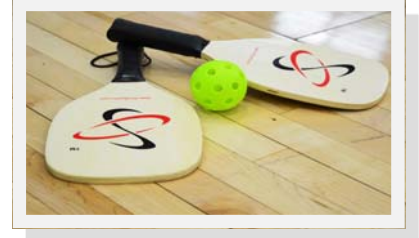
Mondays: 6 - 8 pm

Saturdays: 10:30 am - 1 pm

Join us for the fastest growing sport in America. Drop-in or bring a team. No skills or equipment required.

Truro Community Center | 7 Standish Way | N. Truro

Beginning Oct. 3rd



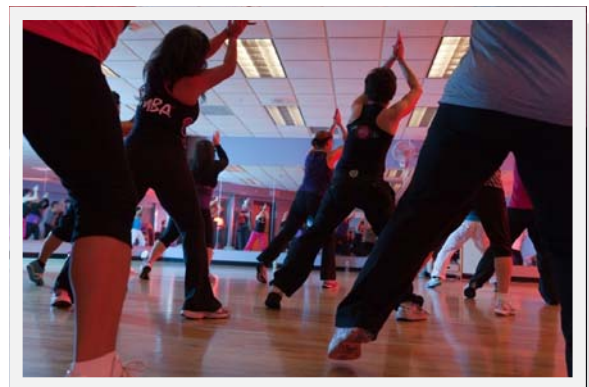
Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Thu.	9-10am	Truro Comm. Ctr.	Julie Rich
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

Classes are conducted by Julie Rich, a certified instructor.

Contact instructors for fees and schedules.

Julie Rich - www.purajulie.com



*"Ditch the
Workout, Join the
Party."*

YOUTH SOCCER

Online Registration Closed, Contact Our Office!

We invite children in grades K - 6 who either reside in Truro or attend Truro Central School to join our Youth Soccer League. The Truro Youth Soccer program will provide participants with the fundamental skills of soccer to include: ball control, passing and shooting, as well as developing teamwork and social bonds. We believe that the goals of Youth Sports are to provide children an opportunity to play, exercise, and learn sportsmanship in a fun way.

For more information visit www.truro-ma.gov/recreation-beach-department



***Seeking Coaches**
Contact Damion if you are interested
(508)487-1632 ext. 23 | dclements@truro-ma.gov

Truro Rec. & Beach Department | 7 Standish Way, North Truro | (508)487-1632

Truro Walking Club Tuesdays, 9:00 am

Sept. 6 Ryder Beach Walk
Address: Ryder Beach Rd
Park: Beach parking lot

Join Bob Lowe, Club Coordinator, for a peaceful walk in some of the most beautiful areas on Cape Cod.

Schedule subject to change. Check online for updates.
www.truro-ma.gov/recreation-beach-department

Sept. 13 North Pamet Rd Walk
Address: North Pamet Rd
Park: Trail head parking lot at the end of North Pamet Rd, by Hostel.

Sept. 20 Head of the Meadow Walk
Address: Head of the Meadow Rd, North Truro
Park: Town parking lot, to the right at the fork.

Sept. 27 Pine Grove Cemetery Walk
Address: Cemetery Rd, Truro
Park: small parking lot at cemetery, off of Old County Rd, Truro





RECREATION & BEACH DEPARTMENT

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Visit us on the web!
www.truro-ma.gov/recreation-beach-department

"Committed to Community"



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

Upcoming EVENTS

Youth Soccer

Pamet After-School Program

The Truro Recreation & Beach Department wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: 508.487.1632

www.truro-ma.gov/recreation-beach-department

Connect with us:   

Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at dclements@truro-ma.gov or call (508) 487-1632 ext. 23.

