

# The Recreational Reader

Truro Recreation & Beach Department

## June 2016

### *Special points of interest:*

- Summer Rec
- Beaches

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## Summer Youth Program 2016

Join us for a summer of field trips, theme days, games, sports, art, and fun! Our program strives to provide a safe and supervised environment that encourages friendships, physical activity, learning, and fun to residents and visitors of Truro. The program is open to youth ages 5-14 (with a special Teen Program for ages 12-14).

Sign up by the day, the week or for the entire summer.

### **Morning Program**

Truro Central School: 8 am- 12:30 pm

### **Afternoon Program**

Truro Community Center: 12:30 pm- 4 pm

### **Extended Care**

Truro Community Center: 4 pm- 5:30 pm

Registration opens May 2015

**Register online at [www.activityreg.com](http://www.activityreg.com).**

For more information, visit us on the web at [www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

Pre and Post Season children's programming also available. Visit us on the web for dates, registration and more information.



## Town Of Truro Beach Reminders

- Beach parking permits are required beginning **June 18, 2016**.
- The Truro Beach Office, located at 36 Shore Rd, opens on **June 11, 2016**.
- Fire permits are available at the Truro Fire Department until June 10th and will be available online ([www.activityreg.com](http://www.activityreg.com)) through the Beach Office on June 11th.
- The Cape Cod National Seashore requires that dogs be on a 6' leash on Seashore property. Please be aware of Town and Seashore property boundaries so that you can abide by the appropriate leash rules.
- Complete list of 2016 beach parking rates available at [www.truro-ma.gov](http://www.truro-ma.gov).



Resident Sticker	\$15.00
Non-resident Sticker (1 week)	\$50.00
Non-resident Sticker (Season)	\$225.00
Replacement Sticker	\$1.00



**Karin Stephan**

## Iyengar Yoga

**Karin Stephan**

Truro Recreation is pleased to announce that Karin Stephan will be returning in the Summer to offer yoga classes. Karin's classes will begin Monday evening, July 25, 2016.

### Mornings

Mon.	8-9:30 am	Truro Comm. Ctr.
Wed.	8-9:30 am	Truro Comm. Ctr.
Sun.	8-9:30 am	Truro Comm. Ctr.

### Evenings

Mon.	5-6:30 pm	Truro Comm. Ctr.
Tues.	5-6:30 pm	Truro Comm. Ctr.
Thur.	5-6:30 pm	Truro Comm. Ctr.
Fri.	5-6:30 pm	Truro Comm Ctr

For pricing contact Karin Stephan at [karinstephanyoga@aol.com](mailto:karinstephanyoga@aol.com)

## 2016 Summer Beach Parking Stickers

The Truro Recreation & Beach Department would like to remind you to review the Town's Rules and Regulations for Beach Sticker Eligibility which can be found at: [www.truro-ma.gov/files](http://www.truro-ma.gov/files) or by scanning the QR Code below.

Please review these rules to ensure you have the appropriate documentation and materials to obtain your 2016 Town of Truro Beach Parking Sticker prior to the start of the season on Sat. June 18, 2016.

### A SPECIAL NOTE FOR PROPERTIES HELD IN TRUST:

All properties held in trust will require a **Recorded Declaration of Trustee** on file with the Truro Assessor's Office. Stickers will only be issued to trustee on record or designee. We request all Recorded Declaration of Trustee forms and Designee forms to be submitted prior to **June 18, 2016**. Forms may be obtained on our web site or by scanning the below QR Code.

Questions about beach stickers, call (508) 487-6983

Questions about property records, call (508)349-7004

The Truro Beach Office opens on Sat. June 11, 2016.

Beach Stickers will be required to park at all beaches effective Sat. June 18, 2016.

We'll see you at the beach!

Truro Beach Office | 36 Shore Rd, N. Truro | 508-487-6983  
[beachdepartment@truro-ma.gov](mailto:beachdepartment@truro-ma.gov) | [www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)



*"Ditch the  
Workout, Join the  
Party."*

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

Classes are conducted by certified instructors, Julie Rich and Erin Silva.

Contact instructors for fees and schedules.

Julie Rich - [www.purajulie.com](http://www.purajulie.com)

Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Thu.	9-10am	Truro Comm. Ctr.	Julie Rich
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich



**Youth Golf Program**  
**July 11 - Aug. 22, 2016 (Mondays)**  
**9:00 am - 10:00 am**  
**Truro**

Truro Recreation is excited to offer a youth golf program to children ages 6-12. The program will run on Mondays from 9:00 am - 10:00 am from July 11 - August 22 in Truro. The cost for Truro residents is \$45 / participant and \$50 / participant for non-residents. The program will be offered by Jim Rondeau, a certified instructor for the P.G.A. and the U.S.G.T.F as well as a Level One Coach for The First Tee youth golf program. No prior experience or equipment required.



For more information or to register click [HERE](#) or visit our web site.

**REGISTRATION DEADLINE: JULY 6, 2016**

**Joe Farroba Youth Basketball Camp**  
**June 27 - 30, 2016 (Mon. - Thurs.)**  
**9:00 am - 11:45 am**  
**Veteran's Memorial Community Center, Provincetown**



Join Coach Farroba for a four day clinic consisting of three hours of instruction each day on the following:

Individual and Team Offense

Individual and Team Defense

Fast-break Drills

Ball Handling

Rebounding

Free Throws

The Joe Farroba Youth Basketball Camp is open to children age 8 - 15. \$45 per participant for 4 days of instruction. MasterCard / Visa accepted. If you are paying by cash or check you will need to contact Truro Recreation to register.



For more information or to register click [HERE](#).

**REGISTRATION DEADLINE: JUNE 24, 2016**

**Truro Walking Club**  
**Tuesdays, 9:00 am**

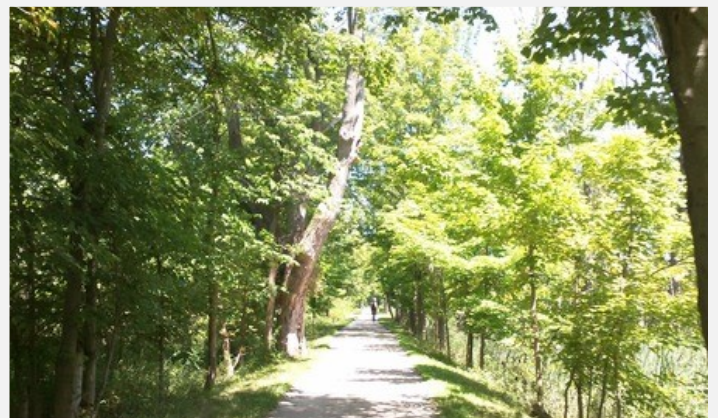
Join Bob Lowe, Club Coordinator, for a peaceful walk in some of the most beautiful areas on Cape Cod.

*Schedule subject to change. Check online for updates.*  
[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

**June 7**      **Cold Storage Beach**  
**Address: Pond Rd**  
**Park: Beach parking lot**

**June 21**      **Pilgrim Heights**  
**Address: Pilgrim Heights Rd, Truro**  
**Park: First parking lot**

**June 28**      **Ryder Beach**  
**Address: Ryder Beach Rd**  
**Park: Beach parking lot**







#### RECREATION & BEACH DEPARTMENT

Kelly Sullivan Clark,  
Director  
[ksclark@truro-ma.gov](mailto:ksclark@truro-ma.gov)

Damion Clements, CPRP  
Assistant Director  
[dclements@truro-ma.gov](mailto:dclements@truro-ma.gov)

Truro Community Center  
7 Standish Way  
North Truro, MA 02652  
Po Box 2030  
Truro, MA 02666

Phone: 508-487-1632  
Fax: 508-487-0854

Visit us on the web!  
[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

*"Committed to Community"*



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Play-ground.

## Upcoming EVENTS

Summer Rec Program

Youth Golf

Youth Tennis

Summer Yoga

Farroba Basketball Clinic

The Truro Recreation & Beach Department wants to hear from you!

Got an idea or a suggestion? Get in touch with us!

Phone: 508.487.1632

[www.truro-ma.gov/recreation-beach-department](http://www.truro-ma.gov/recreation-beach-department)

Connect with us:



## Become A Team Sponsor

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at [dclements@truro-ma.gov](mailto:dclements@truro-ma.gov) or call (508) 487-1632 ext. 23.

