## The Recreational Reader

Truro Recreation & Beach Department

#### February 2016

#### Special points of interest:

- Feb. Vacation Program
- Pickleball
- Pamet After School Program

#### Inside this issue:

Feb. Vacation Program	1,3
Pamet After School	2
Youth Sports Pics	2
Zumba	2
Sports Parent Pledge	3
Pickleball	3
Walking Club	3
Upcoming Events	4
Team Sponsor	4

Suggestions

## **February Vacation Program**

Sign up your children to join us for a fun-packed week of arts, crafts, games, and movies

#### Tues. February 16 - Fri. February 19, 2016

8:00am - 4:00pm: \$25/child 4:00pm - 5:30pm: \$5/child

Multi-child discount \$5

Open to public Ages 4 - 14 Sign up for the day or the week

## Online Registration



#### Schedule

Tuesday—Mardi Gras Party!

(Continued on page 3)

## **Team Sponsors**

We would like to thank the following team sponsors for our youth basketball teams.





## **Adult Volleyball**

Sundays: 12pm - 3 pm Wednesday: 6pm - 7:30 pm

Stop by the Truro Community Center for some drop-in, community volleyball. Bring a team or come alone!

Truro Community Center | 7 Standish Way | N. Truro



#### PAMET AFTER-SCHOOL

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session, including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.



#### Register online at www.activityreg.com

For more info. Call (508) 487-1632 ext. 21 Email: recdirector@truro-ma.gov.

Mon - Fri 3pm - 5:30pm \*\$6/day (pre-registration required)

12pm - 5:30pm (half days) \*\*\$10/day (pre-registration required)

Truro Community Center

\*\$8/day if registered the day of. \*\*\$12/day if registered the day of.



Girls 5 | 6 Basketball Team



Tues.

Thu.

Fri.

Sat.

Cheer Squad Performance

9-10am

9-10am

9-10am

9-10am

S ZVMBA fitness

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party<sup>TM</sup> that's moving millions of people toward joy and health.

Classes are conducted by certified instructors, Julie Rich and Erin Silva.

Contact instructors for fees and schedules.

Julie Rich - www.purajulie.com

Erin Silva - esilva1@comcast.net

"Ditch the Workout, Join the Party."



Truro Comm. Ctr.

Truro Comm. Ctr.

Truro Comm. Ctr.

Truro Comm. Ctr.

Julie Rich

Julie Rich

Erin Silva

Julie Rich

## **Sports Parent Pledge**

#### Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to <a href="www.nays.org/sportsparentpledge">www.nays.org/sportsparentpledge</a> to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails

will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out <a href="www.nays.org/sportsparentpledge">www.nays.org/sportsparentpledge</a> today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!

### Pickleball At The Truro Community Center!

Mondays: 6 - 8 pm

Saturdays: 10:30 am - 1 pm

Join us for the fastest growing sport in America. Drop-in or bring a team. No skills or equipment required.





Truro Community Center | 7 Standish Way | N. Truro

# Truro Walking Club Tuesdays 9:00am Currently Suspended - Will Resume In The Spring

(Continued from page 1)

#### FEBRUARY VACATION PROGRAM

We're waiting until School Vacation to celebrate Mardi Gras! Wear your purple, green and gold. Make bead necklaces, masks, Mardi Gras activities from around the world, and indulge in some Fat Tuesday treats

Wednesday—Planes, Trains and Automobiles!

Make paper airplanes and things that move, Arts and Crafts, Games, Sports

Thursday—Backwards Day!

Dress in a crazy outfit and be prepared to do things a littledifferent today. Backwards games, zany crafts, and even a mad hatter style tea party.

Friday—Pajama Party!

Games, arts and crafts, movies, popcorn, and don't forget to wear your pj's



## RECREATION & BEACH DEPARTMENT

Kelly Sullivan-Clark, Director ksclark@truro-ma.gov

Damion Clements, CPRP Assistant Director dclements@truro-ma.gov

Truro Community Center 7 Standish Way North Truro, MA 02652 Po Box 2030 Truro, MA 02666

Phone: 508-487-1632 Fax: 508-487-0854

> Visit us on the web! www.truro-ma.gov/recreationbeach-department

"Committed to Community"



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.



**February Vacation Program** 

Youth Softball

## The Truro Recreation & Beach Department wants to hear from you!

Got an idea or a suggestion? Get in touch with us! Phone: 508.487.1632 www.truro-ma.gov/recreation-beach-department



## **Become A Team Sponsor**

We would like to invite you to be a part of the youth sports experience in Truro. Sponsor a youth sports team and have your company's logo placed on their uniform and receive recognition through our social media, web site and game programs. To become a sponsor contact Damion Clements at dclements@truro-ma.gov or call (508) 487-1632 ext. 23.





## **Past Sponsors**











