

The Recreational Reader

Truro Recreation & Beach Department

November 2014

Special points of interest:

- Pickleball
- Pamet After-School
- Flying Santa

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PICKLE BALL RETURNS TO TRURO!

Pickleball is a sport in which two or four players use solid paddles made of wood or composite materials to hit a perforated polymer ball, similar to a [wiffle ball](#), over a net. The sport shares features of other racquet sports, the dimensions and layout of a Badminton court, and a net and rules similar to tennis, with a few modifications. Pickleball was invented in the mid 1960s as a children's backyard pastime but quickly became popular among adults as a fun game for players of all skill levels.

Beginning Nov. 8th

Mondays
6:00-7:30 pm

Saturdays
11:30 am - 1:00 pm

Truro Community Center

- * Equipment provided
- * Free
- * Drop-Ins or bring a team
- * [Pickleball Video](#)



FLYING SANTA

Sat. December 6, 2014
Time: T.B.A

Truro Recreation would like to invite all students up to 6th grade, in welcoming Santa as he arrives by helicopter at Highland Lighthouse. Santa is scheduled to arrive at *(T.B.A.) depending on weather and reindeer cooperation. Please plan to arrive no earlier than 30 minutes prior to the start time. Participants will be notified via preferred

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**Registration
Required**

PAMET AFTER-SCHOOL

The Pamet After School program is a state licensed after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, gender, sexual orientations, religions and socio-economic status are welcome.

P.A.S. is a safe, supervised environment for children to learn and grow. The program operates everyday that Truro Central School is in session,

Mon - Fri
3pm - 5:30pm
***\$6/day**
(pre-registration required)

12pm - 5:30pm
(half days)
****\$10/day**
(pre-registration required)

Truro Community Center

*\$8/day if registered the day of.
**\$12/day if registered the day of.

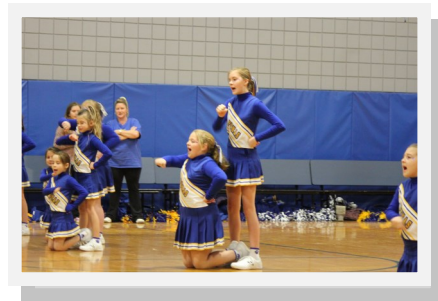
**NOVEMBER
AT P.A.S.**

Music lessons with
Austin Smith.

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Truro Rec Soccer Shows Support For National Bullying Prevention Month

To show support for National Bullying Prevention month Truro Recreation's K-2nd grade and the girls 3rd and 4th grade soccer teams wore orange during their game at Snow's Field on Saturday, October 25, 2014.



Youth Basketball Youth Cheerleading: Registration Closes 11/09/14



*"Ditch the
Workout, Join the
Party."*

Are you ready to party yourself into shape? That's exactly what the Zumba® program is all about. It's an exhilarating, effective, easy-to-follow, Latin-inspired, calorie-burning dance fitness-party™ that's moving millions of people toward joy and health.

Classes are conducted by certified instructors, Julie Rich and Erin Silva.

Contact instructors for fees and schedules.

Julie Rich - www.purajulie.com

Erin Silva - esilva1@comcast.net

Tues.	9-10am	Truro Comm. Ctr.	Julie Rich
Wed.	5:30-6:30pm	Truro Comm. Ctr	Erin Silva
Thu.	9-10am	Truro Comm. Ctr.	Julie Rich
Fri.	9-10am	Truro Comm. Ctr.	Erin Silva
Sat.	9-10am	Truro Comm. Ctr.	Julie Rich



Truro Recreation Seeking Volunteer Coaches For Youth Basketball



Truro Rec. is inviting all individuals with the patience and desire to work with children to volunteer to coach a youth basketball team this coming winter season. We are seeking coaches for grades K, 1, 2, Girls 3 | 4, Boys 3 | 4, Girls 5 | 6, Boys 5 | 6. If you're interested in creating a fun, beneficial environment for youth to learn basketball skills, please contact us. Only positive role models please. No prior coaching experience required, training provided.



Details:

- Girls Grades 3-6: Games on Monday evenings Jan. - Mar.
- Boys Grades 3-6: Games on Wednesday evenings Jan. - Mar.
- Practices: 1-2 during the week (1-2 hours each) starting in December
- Complete Online Training to become a member of the National Youth Sports Coaches Association

Truro Rec. Seeking Sponsors for Youth Basketball Uniforms



To donate call (508)487-1632 ext. 23
or email asstrecdir@truro-ma.gov

Truro Hiking/Walking Club

Tuesdays 9:00am

NOVEMBER - 2014 Hikes will begin at 9:00 am

Join Bob Lowe, Club Coordinator, for a peaceful walk in some of the most beautiful areas that Cape Cod has to offer.

Schedule subject to change. Check online for updates.

www.truro-ma.gov/recreation

Nov. 4 – Truro Old Air Force Base

Address: Old Dewline Rd

Park: Parking lot located in front of old baseball field.

Nov. 18 – Pamet Harbor Hike

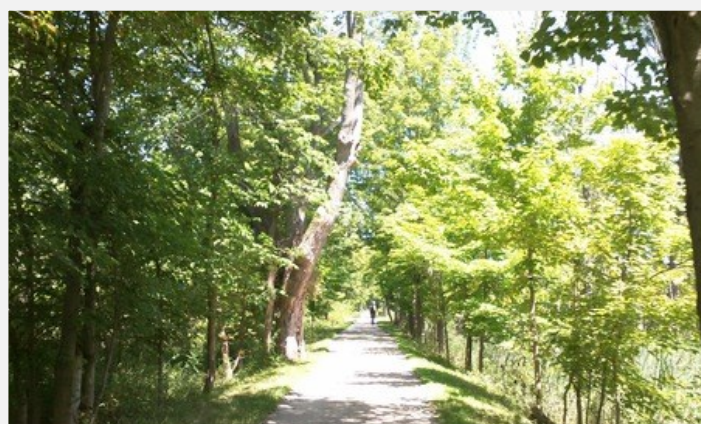
Address: Depot Rd

Park: Harbor parking lot.

Nov. 25 - First Congregational Church

Address: 1st Parish Ln

Park: Church parking lot, in front of church.





RECREATION & BEACH DEPARTMENT

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Visit us on the web!
www.truro-ma.gov/recreation

"Committed to Community"



The Truro Recreation & Beach Department provides the residents and visitors of Truro with healthy, beneficial programs year round.

The Recreation Department is located in the Truro Community Center and consists of an administrative office, a recreation lounge, an all-purpose auditorium, and the Puma Park Playground.

including half days. Participants are bused from Truro Central School at the end of the school day to the Truro Community Center.

Register online at
www.truro-ma.gov/recreation
For more info. Call (508) 487-1632 ext. 21
Email: recdirector@truro-ma.gov.



(Continued from page 1) FLYING SANTA

contact number if Santa's schedule changes.

*Please remember that Santa is very busy and his schedule is subject to change.

We hope you'll enjoy the festive music as well as some snacks and beverages as we wait for Santa. This event is held outside, so please dress your children appropriately. Please register each child separately.

If you are not registering online you will need to stop by the Recreation Office to register and pay. It is suggested that you call the office first to determine if a staff member will be in the office.

Registration Deadline 12/3/14

For more info or to register visit: www.truro-ma.gov/recreation

Sports Parent Pledge

Dear Parents:

We're excited to share with you an opportunity to take part in a new initiative offered by the National Alliance for Youth Sports. Their new Sports Parent Pledge will give lots of resources and advice to help make this season fun for your child, and the whole family!

It's completely free to participate. All you have to do is go to www.nays.org/sportsparentpledge to sign up. Each week, for six weeks, you'll get an email focusing on topics sports parents often face (like working with coaches, health and safety resources, etc.). Even though the pledge emails will only last for six weeks, they're full of information you can use for as long as your family is a part of our program, and beyond!

We encourage you to check out www.nays.org/sportsparentpledge today and become a part of the Sports Parent Pledge movement! Make sure to tell them that Truro Recreation sent you!



Truro Rec's New Mascot Was Spotted at Trunk or Treat in Wellfleet.