

Truro Center for the Arts at Castle Hill  
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\* \* \* FOR IMMEDIATE RELEASE \* \*

**Come One – Come All  
To the Pamet River Float!  
Pamet River, Truro  
July 12, 2-4 PM**

( Truro, MA ,June 26, 2014) **Truro Center for the Arts at Castle Hill** is pleased to announce the first annual **Pamet River Float** on **July 12, 2014** from **2 – 4pm at the Pamet River entrance across from Castle Hill**. Gather your friends and enjoy a wonderful way to experience the best of the outer cape landscape; the beautiful water, salt marsh and abundant wild life. Float with grace and style and help Castle Hill raise money for the educational programming at Castle Hill. The **\$45** fee includes a neon inner tube and loads of fun as you approach the Pamet Boat Launch.

The Float is about 5 miles, downstream following the river as it wanders back and forth across the marsh and proceed until you see the Pamet Harbor. You will go down the Little Pamet River tidal flat since it will be high tide and there is a landing spot where the inlet from Cape Cod Bay enters the harbor at the foot of the north jetty. This is also a great spot to walk along the beach. There will be a photographer on hand to document your great adventure and you will return to the Castle Hill parking lot by van. Transportation will be provided by Castle Hill.

Things to bring on your Pamet River Float:

- SWIMSUIT, or SWIMSUIT TOP + SHORTS
- T-SHIRT + SHORTS SHOES (Old tennis shoes, water shoes, etc) NO THONGS!
- COSTUMES OPTIONAL!
- HAT/CAP and /or Visor
- BOTTLED WATER (Suggest 1-2 bottles per hour while floating to help prevent dehydration)
- **BY LAW, GLASS CONTAINERS ARE PROHIBITED AT PAMET RIVER.**
- **LIFE VESTS** are recommended for NON-SWIMMERS, INEXPERIENCED SWIMMERS, and CHILDREN

- **NO ALCOHOL or DRUGS** Play it safe!
- **SUN BLOCK** – Essential item! Recommended: 30-50 SPF. Best Results: Apply sun block at home before dressing for tubing trip.
- **LIP BALM with SUN BLOCK.**
- **SUNGLASSES** (Eyeglass holders, use an attachment string).
- **BEACH TOWELS** (To cover the tube and/or use later to dry off)
- **DO NOT TUBE WITH YOUR VALUABLES** (jewelry, watches, credit cards, etc)
- **BEST ADVICE** – Leave your valuables at home. Attach keys to your bathing suit. SRTR is not responsible for Lost/Stolen items.

**The Truro Center for the Arts at “Castle Hill”** continues to provide workshops, lectures, exhibitions, and festive community events for residents and visitors. This Summer Castle Hill is excited to honor **poet and art critic Barry Schwabsky** as the Woody English Distinguished Artist and Writer’s Chair. An internationally known poet and the arts editor of *the Nation Magazine*, *Art Forum*, Schwabsky will teach poetry and participate in a **panel discussion** with artists **Helen Miranda Wilson, Mira Schor and Joanne Mattera**, on **“The Role of Art Criticism Today”**, Wellfleet Preservation Hall, on **July 9th**. There are many renowned artists and writers teaching this summer including; **Morton Dean, Ann Hood, Judy Pfaff, Joan Snyder, Stuart Shils, Ken Kewley, Catherine Kehoe, Maria Magdalena Compos Ponds** and many, many more taking part in the summer season. Call **508-349-7511** for a catalog. For more information visit [www.castlehill.org](http://www.castlehill.org), go to 10 Meetinghouse Rd., Truro, MA **Questions email:** [kathy@castlehill.org](mailto:kathy@castlehill.org) or [danap@castlehill.org](mailto:danap@castlehill.org)

**Links for more information:**

The Events Page at The Truro Center for the Arts at Castle Hill:

<http://www.castlehill.org/summer-events.html>

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