



## RECREATION DEPARTMENT

Truro Recreation Department

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[www.truro-ma.gov/recreation](http://www.truro-ma.gov/recreation)

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PRE-REGISTRATION REQUIRED

Registration Deadline Wed 12/05/12

Register online at [activityreg.com](http://activityreg.com)

### Pamet After School...

...is an after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, genders, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. Recent activities at P.A.S. included Music Production and Hip Hop Dance classes.

3:00pm - 5:30pm | \$6 / Day

12:30pm-5:30pm on early dismissal from TCS | \$10 / Day

Special Programs at Pamet After School

- Hip Hop Dance - 12/10, 12/17
- Music Production - 12/6, 12/13, 12/20
- Holiday Cookie Decorating - 12/7
- Clay - TBA

### Seeking Children's Activity Instructors

Are you a master at making finger puppets? How about a hip hop enthusiast? Maybe you are a children's yoga guru? If you have a talent or hobby that would interest kids, come be an instructor for Pamet After-School. Anything from dance, creative writing, storytelling, art, music and more is welcome. Small stipends available for instruction and supplies.

### Flying Santa

Sat. Dec. 8, 2012

9:30am - Highland Lighthouse, Truro

Join us in welcoming Santa as he arrives by helicopter to present gifts.

### Adult Indoor Pickup Volleyball

Mondays 6:00 pm—8:00 pm

Truro Community Center

### REC the Halls

Friday, Dec. 14, 2012

Parent's Night Out! Kids will enjoy a night of winter-themed games and crafts, a "snowball fight", and a movie on the big screen. For more info. visit our web site.

PRE-REGISTRATION REQUIRED

Registration Deadline Mon 12/10/12

### Truro Hiking/Walking Club

Hikes Begin at 10:00am

Dec. 4 - High Head Beach Hike

Address: High Head Rd

Park: Parking lot at bike trail and start of ORV Trail

Dec. 18 - North Pamet Rd Hike

Address: North Pamet Rd

Park: Trail head parking lot at end of North Pamet Rd, by Hostel

### Zumba Fitness

With Julie Rich

Tu. | Th. | Sa. | 9am-10am

With Erin Silva

Mo. | Fr. | 9am-10am

NEW EVENING HOURS

Wed. 6pm-7pm

### Seeking Instructors

We are currently accepting applications for instructors to offer adult wellness classes (yoga, pilates, dance, cardio kick...) at the Truro Community Center. This is a great opportunity to conduct your class in a wonderful space. Call or email to apply.

### Discover the Cello

Saskia Keller is back! Saskia, a TCS graduate and currently a Junior at NRHS, will continue to provide cello demonstration and exposure to any student who may be interested. The program will be offered at the Community Center on Friday's. There will be 2 sessions each Friday: one at 4 and one at 4:30. If you are interested you can apply online at [activityreg.com](http://activityreg.com) Sign up today! Registration deadline - Friday the week prior. FREE!