



RECREATION DEPARTMENT

Truro Recreation Department

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www.truro-ma.gov/recreation

Kelly Sullivan

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Director

Asst. Director

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THIS ISSUE

- Summer Program
- Yoga
- Zumba
- Be a soccer coach
- Online registration
- Hiking/Walking Club



TRU REC

ROCKIN' REC SUMMER

This year's theme is "Rockin' REC" and the Summer Program will run from July 2 - August 31. Visit our website for more details and to register. Our Summer Youth Program is open to children (both residents and non-residents of Truro) ages 5 to 14 and features field trips, games, beach days, art, theme days, and more!



Truro Rec Field Trip to Cape Inflatable Park

Seeking Youth Soccer Coaches

We are currently accepting applications to coach youth soccer for grades K - 6th for the Fall Season

Email asstrecdir@truro-ma.gov

Online Registration

Save some paper! We are excited to announce that you can now register for many of our programs online. To create an online account with Truro Recreation visit activityreg.com

Yoga w/ Christel

Wed. | Fri. | Sun
10am - 11:30am

Truro Community Center

Truro Hiking/Walking Club

Hikes Begin at 10:00am

August 7 - Pine Grove Cemetery Hike

Address: Cemetery Rd, Truro

Park: small parking lot at cemetery. Off of Old County Rd, Truro

August 14 - Pamet Harbor Hike

Address: Depot Rd, Truro

Park: Harbor parking lot

August 21 - N. Pamet Rd Hike

Address: N. Pamet Rd, N.Truro

Park: Trail head parking lot at the end of N.Pamet Rd by Hostel

August 28 - Truro Air Force Base Hike

Address: Old Dewline Rd.Truro

Park: Parking lot in front of old baseball field

Yoga w/ Karin Stephan

A.M.

Mon, Fri, Sun 8am-9:30am

P.M.

Mondays 6:00pm-7:30pm

Saturdays & Sundays 5-6:30pm

Truro Community Center

Beginning 7/30/12

Zumba Fitness

Julie Rich

Tu. | Th. | Sa. 9am-10am

Erin Silva

Mondays 10am-11am

Truro Community Center

Public Beach Volleyball Courts

Head of the Meadow (Town Beach)

Pamet After School...

...is an after-school program serving children ages 5-12, who reside in Truro or attend Truro Central School. Families of all abilities, races, genders, sexual orientations, religions and socio-economic status are welcome. P.A.S. is a safe, supervised environment for children to learn and grow. Recent activities as P.A.S. included African Drum & Dance with Cape Cod African Dance & Drum, Drama and Playwriting, and a presentation from the National Seashore on Tracking and Migration.

3:00pm - 5:30pm | \$6 / Day