#### Truro e-Newsletter

### News from Truro Central School ending October 29, 2011

-----

# PUMA PAGE



After a glorious summer and a busy start to the new school year, the students and teachers at Truro Central School are ready to bring you their latest and greatest!

### MIX IT UP AT LUNCH

contributed by Stacey Klimkosky, TCS Library

Up Lunch At It Mix! (Mix It Up At Lunch!) Do you remember what it was like to eat lunch in your school cafeteria when you were young? How it seemed like the same kids always sat with each other? In an effort to help students identify, question and cross social boundaries within their schools and communities, this national program was created by Teaching Tolerance, a project of the Southern Poverty Law Center. On a day in October, participating schools host a lunchtime program where students sit with others from different classes or grades. This year Truro Central School students "mixed it up" with the help of school counselor Nancy Winslow.

Mrs. Winslow created lunch "teams" by using fun headbands to organize the groups. Each group was lead by one or two sixth-graders who hosted the table by asking each student different questions—What is your favorite ice cream flavor? If you could change your name, what would it be? Which hot lunch do you like the most? Mix It Up At Lunch day is one of the most anticipated days at TCS and is sure to be a hit again next year!



## A TRIP TO THE FIRE AND RESCUE STATION

contributed by Jeanne Thomas. First Grade Teacher and the First Graders

Trick or Treat? We were definitely treated to an exciting and informative field trip to the Truro Fire and Rescue Station. We saw just how many things that help people are packed into our town's ambulance – blood pressure cuffs, purple and blue gloves, stethoscope, oxygen mask, and stretcher. We loved seeing the oxygen tanks, chainsaws, ax, and a painting of the Tazmanian Devil on the fire trucks.

Did you know that a firefighter should be able to put on about 45 pounds of gear in just one minute? Firefighters Zach and Paul had a contest to see who could put on his gear quicker. Practice makes perfect and veteran Firefighter Zach, who's been with Truro Fire and Rescue for 13 years, won the contest. We know that Firefighter Paul, who's been with Truro Fire and Rescue for just one year, will one day beat Firefighter Zach. (Keep practicing Firefighter Paul!)

We walked back to school with red, black, and PINK fire hats and goodie bags filled with all things fun and informative. We know that our visit to the Truro Fire and Rescue Station was THE BEST. A BIG thank you goes to Firefighter Shannon for organizing such a memorable morning.



